



















Rügen Island Explorer

Cycle around Germany's beautiful holiday island

Nestled amidst the dynamic Baltic waves, imposing chalk cliffs, expansive meadows, and verdant treetops, Rügen Island offers an array of diverse experiences, both natural and cultural, for its cycling visitors.

Prepare to be spellbound by the untouched splendour of lush beech forests, the ever-changing colours of the undulating sea, miles of pristine sandy beaches, and the nostalgic charm of seaside resorts that evoke the ambience of the heyday of German seaside life. All of this is set against the backdrop of idyllic villages on Germany's largest island.

Explore Rügen in depth with the perfect week-long cycling tour around Rügen Island. Discover the tranquil west, romantic Mönchgut, charming Binz and Sellin, historic Prora, the iconic chalk cliffs, scenic Cape Arkona, the picturesque Wittow peninsula, and the enchanting island of Hiddensee.

Book this holiday: Rügen Island Explorer

The highlights of the Rügen Island Explorer cycling holiday at a glance:

- **The seaside resort of Binz:** A historic town centre and a four-kilometre-long promenade, a wide beach full of colourful beach chairs and spectacular sunrises.
- **Cape Arkona:** One of the sunniest spots in Germany with picturesque cliffs, breathtaking views from the lighthouse and watchtower and the imposing sight of up to 46-metre-high cliffs.
- **Unique chalk landscapes:** The white chalk cliffs in Jasmund National Park with the 118-metre-high Königsstuhl extensive beech forests and smaller lakes.

Things worth knowing about the Rügen Explorer cycling tour

Rügen stands as a veritable haven for cycling enthusiasts, offering a diverse terrain that features flat roads with occasional gentle hills, making it easily accessible for riders of varying skill levels.

Over eight days, you'll embark on six cycling stages, averaging between 30 to 50 kilometres per day, covering a total distance of approximately 211 kilometres. These cycling stages are thoughtfully interspersed with included transfers, ensuring a seamless and enjoyable journey.

Say goodbye to the hassle of lugging your luggage around. With our convenient luggage transfer service, your bags are whisked away each day and delivered to your next hotel. This means you can fully immerse yourself in the experience without the burden of carrying your belongings.

Book this holiday: Rügen Island Explorer

Tour information

Medium

8 Days / 7 Nights

Self-Guided

Ferries included

Total cycling distance: 278 km

To the online version

<https://www.activeonholiday.com/en/cycling-holidays/countries/germany/rugen-island-explorer-8-days?year=2024&print=true>

10/17

Itinerary

DAY
1

Arrival in Stralsund

Individual arrival in Stralsund. This ancient Hanseatic city is the gateway to the island of Rügen. The new Rügen Bridge suspension bridge, right next to the old Rügen Dam, impressively connects the mainland with the island.

DAY
2

Stralsund – Bergen approx. 40 to 52 km


You cycle over the old Rügen Dam to the island of Rügen in Altefähr. Your route takes you past Stralsund and Kubitzer Bodden and then through the west of the island to Bergen. The tour goes to the National Park "Vorpommersche Boddenlandschaft", with an area of about 805 km² the third largest park in Germany and an important breeding ground for several bird species.

 ca. 40-52 km

DAY
3


Bergen – Baltic Sea coast approx. 29 to 34 km

The Rugard in Bergen was once the site of a Slavic castle complex. Today, you can let your gaze wander over the island from the observation tower. Putbus, planned as the residence of Prince Malte zu Putbus, with its unique character, is a nice stopover on today's route. The journey leads along attractive paths to the seaside resorts on Rügen's Baltic coast. Overnight stay in Binz, Sellin, Baabe or Göhren.


 ca. 29-34 km

DAY
4**Day trip to Mönchgut** approx. 26 to 36 km

A large wooden gate marks the entrance to Mönchgut, where monks once tried to dig the south of the island away from the main island. In the Zickersche Bergen nature reserve, we recommend you linger for a while on meadows and juniper fields. You will explore this archipelago and have the option to shorten the return journey by train.

 ca. 26-36 kmDAY
5**Baltic Sea coast – Sassnitz** approx. 20 to 45 km

The forested ridge of the Granitz will remind you of small-scale German mountain ranges were it not for the occasional view of the Baltic Sea. The view from the Granitz hunting lodge is particularly impressive. The route is otherwise flat and easy along the beach, cycling from Binz to Mukran/Sassnitz. The ferry port of Mukran (the Muk) is geographically and nautically the shortest route to Scandinavia, Russia and the Baltic States. The development of the port was the last major transport project of the former GDR in 1980, here you can find out all about the ships.

 ca. 20-45 kmDAY
6**Sassnitz - White cliff coast - Cap Arkona - Wittow** approx. 44 to 77 km

Today you will explore the chalk cliffs, a symbol of the island of Rügen. Visit Jasmund National Park with the Königsstuhl and its chalky adventure world. Walk through ancient beech forests, the habitat of many fallow deer, and enjoy views of the Baltic Sea. Further on, views of Cape Arkona will be visible. You will stay overnight in Trent, Bohlendorf, Wiek, Breege, Juliusruh or surroundings.




 ca. 44-77 km

DAY
7

**Wittow – Hiddensee –
Stralsund**

approx. 20 to 34
km

The ferry (included) takes you from Breege through a lagoon landscape to the car-free island of Hiddensee. A short walk to the higher lighthouse, with surrounding views of the whole island and the sea, right through the moorland landscape is worthwhile. In the afternoon, take the ferry back to Stralsund.

-  Rügen-Hiddensee  ca. 20-34 km
-  Hiddensee-Stralsund

DAY
8

Return journey or extension

After breakfast, during the morning, your cycling adventure on Rügen ends. Or do you extend a few more days to enjoy these beautiful surroundings for longer?

Route information

The ride is almost entirely flat with some small hills in between that are easy to overcome. There is a lot of riding on side roads with quiet traffic. The cycle paths on this tour often alternate between asphalt and sandy soil, and sections also on unpaved paths.



Prices and dates

Price calculation and check availability: **Rugen Island Explorer**

Place of arrival: **Stralsund**

	Season 1 21.04.2024 - 02.05.2024 29.09.2024 - 05.10.2024 Tuesday to Sunday	Season 2 03.05.2024 - 21.06.2024 18.08.2024 - 28.09.2024 Tuesday to Sunday	Season 3 22.06.2024 - 17.08.2024 Daily
Rugen Island Explorer (Cat. B), RÜG02-08-B			
Base price	739.00	839.00	949.00
Single room surcharge	229.00	229.00	229.00
Rugen Island Explorer (Cat. A), RÜG02-08-A			
Base price	929.00	1,029.00	1,139.00
Single room surcharge	269.00	269.00	269.00

- **Category A:** You will stay in good 3*** and 4**** hotels
- **Category B:** You will stay in good 3*** hotels and guesthouses. Sometimes a 2** Hotel or guesthouse.

Additional nights

Place of arrival: **Stralsund**

	Season 1 Apr 21, 2024 - May 2, 2024 Sep 29, 2024 - Oct 5, 2024 Tuesday to Sunday	Season 2 May 3, 2024 - Jun 21, 2024 Aug 18, 2024 - Sep 28, 2024 Tuesday to Sunday	Season 3 Jun 22, 2024 - Aug 17, 2024 Daily
Stralsund			

	Season 1 Apr 21, 2024 - May 2, 2024 Sep 29, 2024 - Oct 5, 2024 Tuesday to Sunday	Season 2 May 3, 2024 - Jun 21, 2024 Aug 18, 2024 - Sep 28, 2024 Tuesday to Sunday	Season 3 Jun 22, 2024 - Aug 17, 2024 Daily
Extra night p.p / BB	69.00	69.00	69.00
Single room surcharge	44.00	44.00	44.00
Stralsund			
Extra night p.p / BB	69.00	69.00	69.00
Single room surcharge	44.00	44.00	44.00
Stralsund			
Extra night p.p / BB	89.00	89.00	89.00
Single room surcharge	64.00	64.00	64.00
Stralsund			
Extra night p.p / BB	89.00	89.00	89.00
Single room surcharge	64.00	64.00	64.00

Our rental bikes

	Price
21-Speed Unisex Bike	89.00
Unisex E-Bike	199.00

Prices per person in GBP

Included services and travel information

Services

Included

- 7 overnight stays in the selected category, including breakfast
- Ferry crossing Rügen-Hiddensee
- Ferry crossing Hiddensee-Stralsund
- Luggage transfer(s) max. 2 pieces of luggage 15 kg per person
- Travel folder 1x per room (English, German with route and overview maps, comprehensive route description, places of interest, important telephone numbers, suitcase labels)
- GPS data available on request
- Service hotline

Not included

- Tourist tax, if applicable, payable locally
- Entrance fees
- Public transport to shorten the stages
- Until 19 June and from 9 September there is no ferry service between Hiddensee and Rügen on Sundays, arrival during this period on Mondays is not possible.

Travel information

- By plane: Hamburg or Berlin airport
- Train: Stralsund station
- Parking: Limited parking spaces at the hotel, approx. €15 per day. Reservation is not possible in advance. Various public parking options in the vicinity