















Rhine Cycle Path: Strasbourg to Mainz

A wonderful tour on the Rhine Cycle Path

Embark on an exquisite European cycling holiday along the Rhine Cycle Path, traversing Alsace, Baden, and the Palatinate, all blessed with a delightfully mild climate. Shared history and climate unite these regions in wine-growing traditions. Indulge in diverse culinary offerings. Along the route, relish changing picturesque landscapes and immerse in cultural treasures. Uncover Roman wine heritage and German imperial legacies in Strasbourg, Speyer, and Worms. Anticipate an amazing atmosphere and a scenic route along the enchanting Rhine River.

Book this holiday: Rhine Cycle Path: Strasbourg to Mainz

Details about the cycle tour on the Rhine Cycle Path: Strasbourg to Mainz

With more than 1,230 kilometres by bike, the Rhine Cycle Route is one of the longest cycle paths ever. Explore 295 kilometres of the route on this tour! Usually, you enjoy the idyllic view over the banks of the Rhine, but sometimes you find yourself in one of the arms of the Rhine, where nature still seems untouched. Tip: Be sure to taste the fruity Riesling wine in Nierstein am Rhein - it is one of the best in the world!

The highlights of the Rhine Cycle Route cycling holiday at a glance

- **Suitable for families and recreational cyclists:** The Rhine Cycle Path is mostly flat, you cycle on good cycle paths directly on the river or gravel paths through the meadows along the Rhine.

- **Mild climate:** Alsace, Baden and the Palatinate's mild climate ensure even more cycling pleasure. The mild temperatures are not only good for the wine that thrives in these regions, but you can also start your cycling holiday at the beginning of April until mid-October.
- **Rich culture:** Strasbourg, Heidelberg, Worms, Mainz - You are first in line in these cities where the cultural highlights make your cycling holiday even more beautiful.

Worth knowing about the bike tour along the Rhine Cycle Path: Strasbourg to Mainz

After arriving in Strasbourg, you have a full day to explore the city in Alsace. Don't miss Strasbourg Cathedral! After the day of arrival, you will head north kilometre by kilometre. Daily stages of 20 to 65 kilometres are on the itinerary, which you can master with ease.

This tour has been graded as **Easy**. Find out more about our **cycling holiday difficulty levels**.

You can read more about the **Rhine Cycle Route** in our detailed guide.

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Tour information



Easy



8 Days / 7 Nights



Self-Guided



Luggage transfers included



Total cycling distance: approx.
290 km

To the online version



Itinerary

DAY
1


Arrival in Strasbourg

You will spend a wonderful evening in the Alsatian capital with its many canals and unique atmosphere.

DAY
2

Strasbourg– Rastatt approx. 65 km


A beautifully landscaped cycle path leads you through the city to the banks of the Rhine. You can drive comfortably along the river via the Rhine plain. In Drusenheim you take the ferry to the other side of the Rhine and through the beautiful meadow landscape, you continue to Rastatt with its baroque old town.

 ca. 65 km

DAY
3


Rastatt – Germersheim approx. 60 km

Idyllic cycling today along the tributary of the old Rhine through seemingly untouched nature. Then you will pass through the largest nature reserve in the Palatinate, “Hördter Rheinauen”, to the former fortified town of Germersheim. The newly constructed quay on the Rhine and the pleasant city centre provide a lot of relaxation here.


 ca. 60 km

DAY
4**Germersheim – Heidelberg** approx. 50 km


The original Old Rhine takes you to the imperial city of Speyer and its impressive cathedral, a UNESCO World Heritage Site. The famous castle and palace gardens in Schwetzingen are further highlights of this tour before your day ends in Germany's oldest university city, Heidelberg.

 ca. 50 kmDAY
5**Heidelberg – Worms** approx. 45 km

Today's route takes you along the Neckar to the ancient Roman city of Ladenburg with its very beautiful historic old town. Cycle through the Rhine Valley to the imperial city of Worms with its 12th-century cathedral, Martin Luther monument and the oldest preserved Jewish cemetery in Europe.

 ca. 45 kmDAY
6**Worms – Nierstein** approx. 55 km

It continues pleasantly along the Rhine. A lot of farming will accompany you on your stage today. Everything that is grown tastes good! Today you will cycle partly again along the bifurcation of the old Rhine and soon the first vines will appear on the other side of the river. Then it is only a few kilometres and a crossing of the Rhine to the charming wine village of Nierstein. Definitely try a glass of Riesling in the evening!


 ca. 55 km

DAY
7

Nierstein – Mainz

approx. 20 km

A short stage so you have a lot of time to enjoy the scenery. Immediately after Nierstein, the cycle path leads to the vineyards. Let your gaze wander over the Rhine valley, impressive are the steep vineyards and the giant river as the lifeline of this region. Directly on the banks of the Rhine, the cycle path then leads to the centre of Mainz. The Imperial Cathedral and many other attractions draw many visitors from far and wide.

 ca. 20 km

DAY
8

Return trip or extension

Route information

You cycle on the usually well-developed cycle path along the Rhine. Mostly a flat route and easy for anyone to cycle. Longer stretches also go over gravel roads through the Rhine meadows.



Prices and dates

Price calculation and check availability: **Rhine Cycle Path: Strasbourg to Mainz**

Place of arrival: **Strasbourg**

	Season 1 30.03.2024 - 12.04.2024 Thursday, Saturday	Season 2 13.04.2024 - 31.05.2024 28.09.2024 - 12.10.2024 Thursday, Saturday	Season 3 01.06.2024 - 27.09.2024 Thursday, Saturday
Rhine Cycle Path, Strasbourg to Mainz, Cat. B, DE-PFRSM-08B			
Base price	919.00	1,009.00	1,079.00
Single room surcharge	339.00	339.00	339.00
Rhine Cycle Path, Strasbourg to Mainz, Cat. A, DE-PFRSM-08A			
Base price	1,049.00	1,119.00	1,219.00
Single room surcharge	429.00	429.00	429.00

Hotel information:

- Category A:** You stay in 3*** and 4**** hotels
- Category B:** You stay in 3*** hotels and guesthouses

Additional nights

Place of arrival: **Strasbourg**

	Season 1 Mar 30, 2024 - Apr 12, 2024 Thursday, Saturday	Season 2 Apr 13, 2024 - May 31, 2024 Sep 28, 2024 - Oct 12, 2024 Thursday, Saturday	Season 3 Jun 1, 2024 - Sep 27, 2024 Thursday, Saturday
Strasbourg			

	Season 1 Mar 30, 2024 - Apr 12, 2024 Thursday, Saturday	Season 2 Apr 13, 2024 - May 31, 2024 Sep 28, 2024 - Oct 12, 2024 Thursday, Saturday	Season 3 Jun 1, 2024 - Sep 27, 2024 Thursday, Saturday
Double room	79.00	79.00	79.00
Single room surcharge	55.00	55.00	55.00
Mainz			
Double room	69.00	69.00	69.00
Single room surcharge	39.00	39.00	39.00
Strasbourg			
Double room	89.00	89.00	89.00
Single room surcharge	69.00	69.00	69.00
Mainz			
Double room	69.00	69.00	69.00
Single room surcharge	39.00	39.00	39.00

Our rental bikes

	Price
21-Speed Unisex Bike	99.00
Unisex E-Bike	239.00
27-Speed Bike PLUS	159.00

Prices per person in GBP

Included services and travel information

Services

Including

- 7 nights in the chosen category, including breakfast
- Personal welcome meeting and info discussion (German, English)
- Luggage transfer(s)
- Travel folder 1 x per room (German, English with route and overview maps, detailed route description, places of interest, important telephone numbers, luggage labels)
- Own signage on the route
- GPS data available on request
- Service Hotline

Not included

- Tourist tax, if applicable, to be paid locally
- Rhine ferry in Neuburg on your own, costs approx. €2.50 per person incl. bicycle. Rhine ferry in Nierstein on your own, costs about € 2.50 per person incl. bicycle
- (Optional) Return transfer by minibuss to Strasbourg every Saturday morning, costs per person €65 (excl. own bike, surcharge €19), reservation required, to be paid on site

Arrival information

- Train: Strasbourg Station
- Airport: Strasbourg or Karlsruhe/Baden Baden
- Parking: Public garage approx. €55 per week, to be paid on site, no reservation possible or necessary
- Departure: Good train connection from Mainz to Strasbourg

Sample hotel list

This is a sample hotel list. Hotels will be booked depending on availability.

Strasbourg

BW Monopole Métropole 3***

www.bw-monopole.com

Le Grand Hotel 3***

<https://www.le-grand-hotel.com/>

Rastatt

Hotel Schwert 4****

www.hotel-schwert.de

Ibis Styles Rastatt

[Ibis Styles Rastatt](#)

Germersheim

Hotel Germersheimer Hof 3*** (different room categories)

www.hotel-germersheimer-hof.de

Heidelberg

Qube Hotel Bergheim ****

www.qube-hotel-heidelberg.de

Hotel Ibis Heidelberg Hauptbahnhof 3***

<https://all.accor.com/hotel/1447/index.de.shtml>

Worms

Dom-Hotel 4****

www.dom-hotel.de

Asgard Hotel 3****

www.asgard-hotel.de

Nierstein

BW Wein & Parkhotel 4****

www.weinhotel.bestwestern.de

Weingut & Gästehaus Schwibinger

www.weingutschwibinger.de

Mainz

Intercity Hotel Mainz 4****

www.hrewards.com/de/intercityhotel-mainz