





















Piedmont: Barbaresco to Barolo

A culinary discovery tour around Piedmont

Explore the Piedmont region, Italy's second-largest, nestled between Barbaresco and Barolo. Revel in daily opportunities for scenic walks and indulgent experiences. Mornings bring the aroma of freshly brewed cappuccino, while lunchtime beckons with the scent of creamy truffle risotto. In the evening, savour the world's best wines.

Discover 95 kilometres of Piedmont's stunning countryside, with its rolling hills and vineyards. This is where the world's finest and most expensive wines flourish, waiting to be sampled in historic wine stores.

Piedmont offers diverse cultural treasures, from historic sites to charming medieval villages nestled among picturesque valleys. And don't forget the culinary delights - truffles, risotto, cheese, and the famed 'Nocciola di Piemonte,' all complemented by exquisite wines.

Details of the hiking holiday in Piedmont

The tour of Piedmont takes you to the most enchanting places in the region. For example, Cravanzana is the centre of the production of hazelnuts and chestnuts. Or to Treiso, where even the Romans loved to go on holiday from Italy's densely populated capital.

The highlights of this walking holiday at a glance:

- **Langhe Roero World Heritage Region:** The Langhe-Roero shows a mixture of terraced vineyards and rolling hills.
- **Culinary highlights:** They await you every day in Piedmont on every street corner. Whether it's a good glass of wine from the region, special Alba truffles, creamy risotto or a piece of the "Nocciola di Piemonte" - in the restaurants and the markets.

- **Mediterranean Middle Ages:** In some sleepy Piedmont villages like Alba, Cravanzana, Treiso or Serralunga d'Alba, time seems to have stood still.

Worth knowing about the Piedmont walking tour

The starting point of your hiking tour in the north of Italy is the truffle capital, Alba. After arrival, you should taste fresh truffle pasta in a trattoria! Every day you will walk between 12 and 17 kilometres through hilly vineyards and forests.

Route summary

The terrain is hilly and the route leads through vineyards and forests. Daily walking tours vary in walking times and can last up to 5 hours. The route leads you along walking paths alternating with mule tracks, gravel paths and parts along asphalted sections. A good basic fitness level is required, so you can thoroughly enjoy the beautiful views from the medieval villages towering over the valley.

This tour has been graded as **Medium**. Find out more about our **walking holiday difficulty levels**.

Tour information



Medium



8 Days / 7 Nights



Self-Guided



Luggage transfers included



Total walking distance: approx. 94 km

To the online version



Itinerary

DAY
1


Arrival in Alba

Welcome to the truffle capital! The medieval city with its beautiful palaces and towers ("City of the Hundred Towers") invites you for a first acquaintance.

DAY
2

Alba – Treiso approx. 16 km | 4.5 hours

You will walk at your leisure along the River Tanaro to Barbaresco, the first "wine capital" of your walking week. Barbaresco is all about the noble grape juice, you can taste the "little brother of the Barolos" best in the Enoteca Regionale, in the converted church of San Donato. Your route takes you through the typical landscape of the Langhe region, past extensive vineyards to picturesque Neive. Overnight stay in Treiso in the heart of the Langa del Barbaresco, this is where the Romans spent all their holidays.

 ca. 4,5 hours  16 km  620 m  380 m

DAY
3

Treiso – Cravanzana approx. 17 km | 5 hours

Via the 'Rocche di Sette Fratelli', a deep gorge located between the rolling vineyards, you reach the hamlet of Canta. With a beautiful panoramic view, you will walk in the direction of San Bovo and finally the flower village of Castino, located on a hill between the valleys of Bormida and Belbo. In the Middle Ages this was a rich centre with three monasteries, today the first tourist truffle forest in the region can be admired here. Your route will lead you to Cravanzana on the top of a hill between chestnut and hazelnut trees.

 ca. 5 hours  17 km  430 m  530 m

DAY
4**Cravanzana –
Bossolasco**approx. 16 km | 4.5
hours

From the centre of hazelnut production, your path gradually leads through the upper Belbo Valley, known for potato cultivation, via Feisoglio to Niella Belbo. The style of the medieval village was characterized by the passage of Napoleon, hence the nickname "dei francesi". After a ridge with a beautiful view of sleepy villages and ancient walls, you reach San Benedetto with the lake of the same name. A short transfer will take you to the famous flower town of Bossolasco.



ca. 4,5 hours



16 km



380 m



370 m

DAY
5**Bossolasco – Serralunga
d'Alba/Sinio**approx. 17 km | 5.5
hours

Today you will walk through hilly terrain, each time accompanied by hazelnut trees, to the small village of Serravalle Langhe. Via the Bric della Vacca and the vineyards, it continues to Roddino. After a short break at St Mary's Church, the medieval farming village of Sinio is your next destination. The wine has got you here again! The path winds through the vineyards up to the town and the medieval castle of Serralunga d'Alba.



ca. 5,5 hours



17 km



280 m



990 m

DAY
6**Serralunga d'Alba/Sinio –
Barolo**approx. 16 km | 4.5
hours

Today's route leads through light hazel forests and other natural beauty to the enchanting Monforte d'Alba. The imposing clock tower and Scarampi Palace can be seen from afar. Medieval Monforte invites you to explore the winding streets and grab a bite to eat in one of the many restaurants and wine shops. With enchanting views of the valley, you will walk to the world-famous wine town of Barolo, where you will be rewarded with a tasting of fine wines.



ca. 4,5 hours



16 km



590 m




640 m


DAY
7

Barolo – Alba


approx. 12 km | 5 hours

You will walk through the vineyards of the best wines in the world to the idyllic village of La Morra, known as the "balcony of the Langhe". Once again, enjoy the impressive panorama of the entire Barolo area, on clear days the view extends as far as the Alps and Monte Viso. You walk back to Alba via the castles of Verduno and Roddi.

 ca. 5 hours

 12 km

 320 m

 380 m

DAY
8

Return trip or extension

Your walking holiday ends after breakfast. If you want to enjoy this beautiful region even longer, you can book an extension.

Route information

The daily stages with walks of up to 5 hours are hilly and go through vineyards and forests. Along good hiking trails interspersed with mule trails, gravel roads and partly paved roads. Take some basic fitness with you, so that the walks to the somewhat higher medieval villages are also enjoyable.



Prices and dates

Price calculation and check availability: **Piedmont: Barbaresco to Barolo**

Place of arrival: **Alba**

	Season 1 23.03.2024 - 12.04.2024 22.09.2024 - 12.10.2024 Saturday	Season 2 13.04.2024 - 18.05.2024 01.09.2024 - 21.09.2024 Saturday	Season 3 19.05.2024 - 31.08.2024 Saturday
Piedmont Barbaresco to Barolo, IT-PIWAL-08X			
Base price	959.00	1,019.00	1,099.00
Single room surcharge	329.00	329.00	329.00

- You will stay in Alba in a 4 **** hotel, furthermore in carefully selected middle class hotels and beautiful Italian country houses "Agriturismo", some with swimming pool

Additional nights

Place of arrival: **Alba**

	Season 1 Mar 23, 2024 - Apr 12, 2024 Sep 22, 2024 - Oct 12, 2024 Saturday	Season 2 Apr 13, 2024 - May 18, 2024 Sep 1, 2024 - Sep 21, 2024 Saturday	Season 3 May 19, 2024 - Aug 31, 2024 Saturday
Alba			
Double room p.p.	85.00	85.00	85.00
Single room supplement	55.00	55.00	55.00

Prices per person in GBP

Included services and travel information

Services

Including

- 7 nights as described, including breakfast
- Wine tasting (English)
- Transfers according to program
- Luggage transfer(s) max. 1 piece of luggage 20 kg per person
- Travel folder 1 x per room (German, English with route and overview maps, detailed route description, places of interest, important telephone numbers, luggage labels)
- GPS data available on request
- Service Hotline

Not included

- Tourist tax, if applicable, to be paid locally
- (Optional) Airport Transfers:
 - Milan (Malpensa, Linate) – Alba: €315 (up to 2 persons), €359 (up to 4 persons), €459 (up to 8 persons), duration approx. 2 hours
 - Milan (Orio al Serio) – Alba: €379 (up to 2 people), €419 (up to 4 people), €515 (up to 8 people), duration approx. 2.5 hours
 - Turin (Caselle) – Alba: €185 (up to 2 persons), €225 to (up to 4 persons) €299 (up to 8 persons), duration approx. 1.5 hours

Arrival information

- Plane: Airport Milan or Turin, then by train from Turin approx. 1.5 hours to Alba (1x change) or approx. 3 hours from Milan to Alba (2x changes)
- Train: Alba Station
- Parking: Hotel parking approx. €15 per day. No reservation possible

Sample hotel list

This is a sample hotel list. Hotels will be booked depending on availability.

Alba

Hotel Calissano 4****

www.hotelcalissano.com

Treiso

BB Ca Tupin

www.ca-tupin.it

Cravanzana

Ristorante Albergo Da Maurizio

www.ristorantedamaurizio.net

Bossolasco

Da Fabiana

www.dafabiana.it

Serralunga d'Alba/Sinio

Agriturismo Le Arcate

www.anselmaitalia.com

Barolo

Hotel Barolo 3***

www.hotelbarolo.it

Alba

Hotel Calissano 4****

www.hotelcalissano.com