





Munich to Meran

Cycle across the Alps in a leisurely way

Did you know that this cycle tour passes through 3 countries - Germany, Austria and Italy? All with beautiful nature, charming cities and excellent cuisine. Since you get to cycle through all of them on our Munich - Merano tour, seeing something new every day is guaranteed. Crossing the Alps by bike is a great way to take in the beauty of the different mountain landscapes without cycling over mountain road passes.

Book this holiday: Munich to Meran

Details of the cycling tour from Munich to Meran

You start in Munich and will have time to explore many of the things that the Bavarian capital can offer, be it a stop in a beer garden, the numerous sights and museums or a shopping tour. With each stage, the surroundings become more rural. The route takes you over Lake Starnberg to Garmisch-Partenkirchen.

If you decide to take the Zugspitzbahn up to an altitude of 2,962 metres, you will be treated to a panoramic view of some 400 Alpine mountains from the top. The idyllic Mittenwald is not only the highest health resort in Germany but there are numerous pretty house facades to see as well.

On the section through Austria, you will pass Stams with its baroque monastery and the picturesque Imst in the Ötztal valley. Once in South Tyrol, the route leads through the Vinschgau Valley with many great attractions along the way towards Merano. Lake Reschen, Glurns and Schlanders as well as several castles, palaces and vineyards line the tour.

Highlights of the 8-day cycle tour across the Alps

- **Sophisticated Lake Starnberg:** Stroll through the beautiful towns of Starnberg and Bernried, enjoy the views and also do some "people watching" over some coffee and cake. Lake Starnberg is a popular destination for the rich and famous.

- **The idyllic Leutasch Valley:** The valley stretches 16 km through northern Tyrol. Visitors are spoiled with crystal-clear lakes and streams, Tyrolean friendliness and culinary delights, wonderful views of the Wetterstein Mountains, green forests and meadows and much more.
- **Magnificent panorama of the Ortler:** Once you have crossed the Reschen Pass, you will descend about 1,200 metres in altitude.
- **The Passer Promenade in Meran:** Along the Passer River, Merano is crisscrossed by beautiful promenades that invite you to take a stroll. Due to the special climate, the flora is subtropical and has a Mediterranean flair.

Useful information about the Munich to Meran tour

The cycle paths and side roads here are excellently developed, but you have to cycle uphill in places on all days. A bus will take you to the Reschen Pass and the Vinschgau Railway can shorten the stage in South Tyrol. The 40 to 65-km-long stages should be supplemented by numerous rest stops to enjoy the beautiful panoramas.

This tour has been graded as **Medium**. Find out more about our **cycling holiday difficulty levels**.

Book this holiday: Munich to Meran

Tour information



Medium



8 Days / 7 Nights



Self-Guided

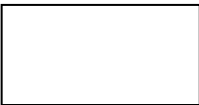


Luggage transfers included





Total cycling distance: approx.
330 km

To the online version



Itinerary


DAY 1	Arrival in Munich	
Welcome briefing and bike fitting. Bavaria's state capital awaits its visitors with numerous sights (English Garden, town hall, 'Hofbräuhaus',...).		
DAY 2	Munich – Lake Starnberger See	approx. 45 - 60 km
From Munich through the Forstenrieder Park onto Lake Starnberger See. From Starnberg on the cycle path directly along the lakeside to Ambach or onwards to Bernried. The lake tempts you with crystal-clear waters and the views are fabulous onto the surrounding mountains.		
 ca. 45 - 60 km		
DAY 3	Lake Starnberger See – Garmisch Partenkirchen	approx. 65 km
Initially a cycle tour past Lake Riegsee to Murnau. Onwards through the nature reserve Murnauer Moos (Central Europe's largest marsh area) and through unspoilt nature following the river Loisach to Garmisch Partenkirchen. Here you have the option of a ride with the Zugspitzbahn up to an altitude of 2962 m (autonomously). From up there you enjoy a stupendous view over the Alps.		
 ca. 65 km		

DAY
4

Garmisch Partenkirchen – Mittenwald – Leutasch

approx.
40 km


Today you proceed along the beautifully developed cycle path all the way to the river Isar. You cycle through the sunny high mountain valley with marvellous panoramic views onto the Karwendel- and Wettersteingebirge-mountains to Mittenwald. Here we highly recommend a break and to take a stroll through the village with its Lüftmalerei-painted houses. You then continue in a spectacular fashion through the Leutaschklamm-ravine to Austria. You cycle along the Leutasch-stream through the stunningly beautiful valley all the way into your Day Finish.

 ca. 40 km

DAY
5

Leutasch – Imst approx. 50 km

Today you cycle over into the Inn-river valley. You leave Leutasch on a country road leading you on gently hilly terrain before an eight-kilometre long descent takes you to Telfs. You cycle on the former towpath along the river Inn and so reach Stams with its Baroque Cistercian monastery. Then via Haiming it is not far to Imst, the so-called „North Tyrolean Merano“.

 ca. 50 km

DAY
6

Imst – St. Valentin/Burgeis/Mals


approx. 50 km + bus
transfer

Today, you will cycle along the river Inn, past the monastery Zams to Landeck. A bus will take you to Nauders from where you will cycle less than 100 metres in altitude uphill to the mountain pass Reschenpass. From there, you will cycle downhill to Lake Reschensee and continue on minor roads to Mals (many towers in the centre) or to Burgeis at the foot of the castle Marienburg.

 ca. 50 km + bus transfer

DAY
7**St. Valentin/Burgeis/Mals –
Merano**approx. 65
km

Your day starts with a trip to Glurns (perfectly preserved medieval city walls). Then, you will cycle via the Montani ruins, through Schlanders, down to Merano. On your way, you will come across some pretty castles (mountaineer Reinhold Messner's castle Juval) and you will get marvellous views of the impressive mountain massif Ortlermassiv and the mountain pass Stilfserjoch. Since 2004, the Venosta train (Vinschgaubahn) has been operating again between Mals and Merano. You can almost always take this train to travel a part of your journey.

 ca. 65 kmDAY
8**Return trip or extension**

This cycling holiday ends after breakfast, or you can book an extension to enjoy it longer.

Route information

You cycle on marvellous cycle paths and little side roads and only on very short sections on main roads. Nearly every day there are small ascents to be tackled. The Reschen-pass will be bypassed via a bus transfer, then follows a descent of approx. 1200 metres in altitude to Merano. The route is mainly asphalted, a few longer sections also on well-maintained dirt roads.



Prices and dates

Price calculation and check availability: **Munich to Meran**

Place of arrival: **Munich**

	Season 1 14.04.2024 - 27.04.2024 Sunday	Season 2 28.04.2024 - 18.05.2024 Sunday	Season 3 19.05.2024 - 15.09.2024 Sunday
Munich - Meran, DE-MURMA-08X			
Base price	1,019.00	1,049.00	1,129.00
Single room surcharge	259.00	259.00	259.00

Hotel information: You will stay in 3*** hotels, in Munich 4**** hotel

Additional nights

Place of arrival: **Munich**

	Season 1 Apr 14, 2024 - Apr 27, 2024 Sunday	Season 2 Apr 28, 2024 - May 18, 2024 Sunday	Season 3 May 19, 2024 - Sep 15, 2024 Sunday
Munich			
Double room p.p.	99.00	99.00	99.00
Single room surcharge	75.00	75.00	75.00
Meran			
Double room p.p.	95.00	95.00	95.00
Single room surcharge	25.00	25.00	25.00

Our rental bikes

	Price
21-Speed Unisex Bike	99.00
21-Speed Men's Bike	99.00
7-Speed Unisex Bike	99.00
27-Speed Bike PLUS	159.00
Unisex E-Bike	239.00

Prices per person in GBP

Included services and travel information

Services

Including

- Accommodation as already mentioned
- Breakfast
- Welcome briefing (German, English)
- Luggage transfer
- Well developed route
- Detailed travel documents 1x per room (German, English)
- 1 transfer by minibus from Landeck to Nauders including your bike
- App for Navigation and GPS data available
- Service hotline

Not included

- Tourist tax, if applicable, to be paid on site

Arrival information

- Train: Munich Hbf
- Airport: Munich. Return from Innsbruck or Venice
- Parking: Garage costs approx. 15 EUR/ day, to be paid for at the time, no reservation possible Free, unguarded parking near the hotel, no reservation possible/necessary!

Sample hotel list

This is a sample hotel list. Hotels will be booked depending on availability.

Munich

NYX Hotel München

www.leonardo-hotels.de/nyx-munich

Starnberger See

Landhotel Huber am See

www.landhotel-huber.de

Garmisch

Hotel Vierjahreszeiten ***

www.vierjahreszeiten.cc

Leutasch

Hotel Bergfrieden

www.bergfrieden.tirol

Imst

Hotel Hirschen ***

www.hirschen-imst.at

Burgeis/Mals

Zum Hirschen ***

www.hotel-hirschen.it

Merano

Villa Laurus ***

<https://www.hotelsmerano.it/de/hotel-villalaurus-meran/>