











### Lisbon to the Algarve

## Follow the Atlantic coast down to the Algarve

Embark on a diverse cycling adventure along Portugal's enchanting Atlantic coast, starting from the lively capital, Lisbon, and journeying to the southwestern tip of Europe, Cabo de São Vicente. This unforgettable expedition encompasses historical and cultural landmarks, as well as nature reserves brimming with vibrant biodiversity. Notably, it was from the Portuguese coast that early explorers like Christopher Columbus launched their Atlantic voyages. Immerse yourself in a voyage of discovery, where you'll encounter beautiful beaches, quintessential villages, charming harbour towns, delectable cuisine, and expansive natural preserves on this coastal Atlantic holiday.

For those who cherish the sun, adore Portugal, or relish the summer, your dream vacation awaits! Cycle from the vibrant metropolis of Lisbon along the Atlantic coastline, passing by breathtaking beaches and picturesque fishing villages, all while gazing at the untamed sea. Sunlight is a constant companion on this dream bike tour in southern Portugal, as the country boasts one of the sunniest climates in Europe. So, hop on your bike and set your course southward!

#### Book this holiday: Lisbon to Sagres

#### Details about the cycling holiday from Lisbon to Sagres

Costa da Caparica, Setúbal, and Vila Nova de Mil Fontes aren't just words in a Portuguese poem; they're your charming stopover destinations on this eight-day bike tour through the Algarve. Along the way, you'll encounter picturesque villages, hidden coves, and an abundance of delectable treats. But that's not all – get ready for unparalleled vistas of the expansive ocean.

Portugal means lots of sunshine and refreshing sea breezes, and you'll experience it all on this journey. Starting in Lisbon, you'll pedal through the breathtaking coastal landscapes, with highlights including the dramatic Cape St. Vincent. Don't forget to explore the lively fish market, Mercado Do Livramente, and savour the delicious Pastéis de Belém along the way.

## The highlights of the Lisbon to Sagres cycling holiday at a glance:

- **Sunshine all year round:** Portugal, and especially the Algarve, is one of the sunniest areas in Europe. The light breeze, which can be felt almost constantly, always keeps the temperatures in a pleasant range! Most wonderful cycling weather!
- **Pastéis de Belem:** Anyone who has tried the puff pastry tartlet with custard filling will certainly not stop at this one tartlet! Don't have a guilty conscience! Tomorrow you'll get back on your bike and pedal the calories down again.
- Mercado Do Livramente: One of the most famous fish markets in the world will amaze you. The market in Setúbal is really impressive everything that lives in the great ocean is sold here!
- **Cape St. Vincent:** Ever wanted to be able to say you rode a bike to the most southwestern point of Europe? We allow you to do so! The lighthouse is simply spectacular!

#### Worth knowing about the cycle tour from Lisbon to Sagres

Your eight-day cycling adventure along Portugal's stunning Atlantic coast begins in the impossibly charming capital of Lisbon. From there you cycle about 330 kilometres south, with the destination 'Algarve' in front of your eyes. Flat stages between 20 and 65km with a few climbs will not pose a problem for the regular cyclists among you.

This tour has been graded as **Challenging.** Find out more about our **cycling holiday difficulty levels**.

#### Book this holiday: Lisbon to Sagres

Chal	lenging
	7 Days / 6 Nights
	Self-Guided
	Luggage transfers included
3	Total cycling distance: approx. 305 km

#### To the online version



### Itinerary

DAY 1

**Arrival in Lisbon** 

Explore the capital's sights, stroll along the lively banks of the Tagus and enjoy Portuguese hospitality.

D A Y **2** 

Lisbon – Setúbal

approx. 65 km + ferry

A beautiful cycle path takes you along the Tagus to the port. After a short ferry ride across the wide river you reach Seixal and start your bike tour. You cross the peninsula to the south and marvel at the first impressive rock formations in the Arrábida Natural Park. Breathtaking views of the coast alternate with beautiful bathing bays almost every minute. Today's destination is Setúbal, where the Lisbon nobility had their palaces and country houses built as early as the 16th century.

DAY 3

Setúbal – Sines approx. 70 km + ferry

In the morning you take a ferry through the nature reserve at the Sado Estuary. With a bit of luck you can even see dolphins during the crossing. The day's stage begins on the Troia Peninsula with its beautiful beaches and special landscapes. So you're probably wondering about the rice paddies, which you wouldn't expect to find in this region - certainly a special sight. You continue cycling past great sandy beaches with crystal clear water, lush flower fields and lush green vineyards. The villages with whitewashed houses are also typical and particularly charming. In Sines you can stroll along the promenade, visit the castle or simply enjoy the leisurely hustle and bustle of the town.



#### Sines – Vila Nova de Milfontes approx. 40 km

One of the most natural stretches of coast in Europe, the Costa Vicentina Natural Park, will inspire you with many impressions. Breathtaking views over the Atlantic Ocean, wonderful beaches, small harbours and authentic fishing villages always tempt you to take a short break. In the evening enjoy the flair of the coastal town of Vila Nova de Mil Fontes. Here, too, there is a fantastic sandy beach right at your feet.

DAY 5

6

Vila Nova de Milfontes – Aljezur approx. 70 km

You continue cycling through the beautiful Costa Vicentina Natural Park with its diverse flora and fauna. Impressively high cliffs characterize today's bike tour and the refreshing Atlantic wind blows in your face. You will stay in Aljezur, a few kilometres from the coast, and you will also discover the rural architecture of these villages typical of the area. The historic, small castle towers over the village with a beautiful view of the fertile land.

DAY Aljezur – Sagres approx. 60 km

You will experience a unique highlight in the last stage. You cycle through the special coastal landscape to Cape St. Vincent, the most south-western tip of Europe with its famous lighthouse and the "last bratwurst before America" - it is a special experience to pose for a selfie with your bike here. It's only a few kilometres from Sagres. Your last overnight stop is one of the most important in the Algarve with its rich cultural heritage. The towering cliffs that frame the idyllic sandy beaches are particularly spectacular here.

DAY Departure or extension 7

### **Route information**

An overall gently hilly tour with a few steep climbs, but several climbs every day. Beautiful route on farm roads and side roads with little traffic, short sections also on busy roads. Longer sections can also be cycled on gravel paths.



### **Prices and dates**

Price calculation and check availability: Lisbon to Sagres

#### Place of arrival: Lisbon

	<b>Season 1</b> 11.02.2024 - 23.03.2024 03.11.2024 - 24.11.2024 Sunday	<b>Season 2</b> 24.03.2024 - 11.05.2024 29.09.2024 - 02.11.2024 Sunday	<b>Season 3</b> 12.05.2024 - 28.09.2024 Sunday
Lisbon to the Algarve	, PO-PORLS-07X		
Base price	859.00	949.00	1,049.00
Single room surcharge	389.00	389.00	389.00

Hotel information: 3\*\*\* and 4\*\*\*\* hotels.

### **Additional nights**

#### Place of arrival: Lisbon

	<b>Season 1</b> Feb 11, 2024 - Mar 23, 2024 Nov 3, 2024 - Nov 24, 2024 Sunday	<b>Season 2</b> Mar 24, 2024 - May 11, 2024 Sep 29, 2024 - Nov 2, 2024 <sub>Sunday</sub>	<b>Season 3</b> May 12, 2024 - Sep 28, 2024 Sunday
Lisbon			
Double room p.p	89.00	89.00	89.00
Single room surcharge	55.00	55.00	55.00
Sagres			
Double room p.p	75.00	75.00	115.00

	<b>Season 1</b>	<b>Season 2</b>	<b>Season 3</b>
	Feb 11, 2024 - Mar 23,	Mar 24, 2024 - May 11,	May 12, 2024
	2024	2024	- Sep 28,
	Nov 3, 2024 - Nov 24, 2024	Sep 29, 2024 - Nov 2, 2024	2024
	Sunday	<sub>Sunday</sub>	Sunday
Single room surcharge	69.00	69.00	69.00

### **Our rental bikes**

	Price
Unisex E-Bike	239.00
21-Speed Unisex Bike	99.00
21-Speed Men's Bike	99.00
27-Speed Bike PLUS	159.00

Prices per person in GBP

# Included services and travel information

#### Services

#### Included:

- Overnight stays as stated
- Breakfast
- Personal tour information (DE, EN)
- Luggage transfer
- Well-planned route guidance
- Detailed travel documents 1 x per room (DE, EN)
- 1 ferry ride Lisbon Seixal incl. bike
- 1 ferry trip Setúbal Tróia incl. bike
- Navigation app and GPS data available
- Service hotline

#### **Optional:**

- Rental bikes including rental bike insurance
- Transfer by minibus every Saturday morning from Sagres to Faro airport, costs €59 per person, additional €29 for your own bike, reservation required, payable in advance.

#### Information

#### Arrival / Parking / Departure:

• Lisbon and Faro Airport

#### Important information:

• Visitor's tax, if due, not included in the travel price!