





Salzburg to the Tyrol

Mountains, Lakes and Mozart on the St. James Way

The Salzburger Jakobsweg, also known as Jacob's Route, guides you from one boundary stone to another, leading you through the foothills of the Alps and even across the borders into Bavarian Rupertiwinkel.

This pilgrimage route, named after James, the disciple of Jesus and the national saint of Spain, is often considered the foremost of all pilgrimage routes. Embark on a transformative journey along the Way of Saint James from Salzburg, seeking inner peace and serenity.

Details about the hiking tour from Salzburg to the Tyrol

The Camino de Santiago will lead you to the Trumer Seen, Irrsee, and Wallersee lakes, where you can indulge in water sports and enjoy swimming. In Salzburg, you can leisurely explore the historic old town, and in St. Johann in Tyrol, you'll be captivated by the stunning view of the Wilder Kaiser mountains.

The highlights of the walking holiday at a glance

- **Excursion to Trumersee:** In the north of Salzburg, water lovers have a choice. Three lakes (Obertrumer See, Mattsee and Grabensee) offer plenty of opportunities for swimming.
- **Crossing the border to the Rupertiwinkel:** The Bavarian name "Rupertiwinkel" is no coincidence. The area is named after St. Rupert, the current patron saint of Salzburg.
- **Gorges and waterfalls:** In Unken and Waidring you can walk along raging streams and rushing mountain waterfalls.

Worth knowing about the hiking trip from Salzburg to Tyrol

Your pilgrimage in the footsteps of St. James begins with the journey to Trumersee. The Salzburg Jakobsweg takes you along the River Saalach, through the Lake District, the Old Town of Salzburg and to Großmain, Bad Reichenhall, Unken and via Lofer to the Tyrolean border. The daily routes are easy and mostly on paved paths. You can also shorten two longer legs by bus if you wish. On average you will walk about five hours a day, between 15 and 20 kilometres.

Route summary

The daily tours are accessible, however, there are two longer stages which can be cut short by bus if you wish. You mainly walk on asphalted paths, forests and hiking paths. The only slight changes in altitude are when you walk in the valley.

This tour has been graded as **Easy**. Find out more about our **walking holiday difficulty levels**.

Tour information

Easy

8 Days / 7 Nights

Self-Guided

Luggage transfers included













Total walking distance: approx.
118 km

To the online version

<https://www.activeonholiday.com/en/walking-holidays/countries/austria/way-of-st-james-salzburg-tyrol-8-days?year=2024&p...>




10/17

Itinerary

DAY 1	Arrival at the Trumer Lakes	
Individual arrival in the Trumer Lakes area.		
DAY 2	Trumer Lakes – Eugendorf	approx. 23 km 6 hours
Transfer to the border to Oberhofen am Irrsee, where the Salzburg Jakobsweg begins. First, your walk leads through a hilly landscape to the Wallersee. From there you continue your route through the idyllic nature reserve to Eugendorf.		
<div><div> ca. 6 hours</div><div> 23 km</div><div> 340 m</div><div> 360 m</div></div>		
DAY 3	Eugendorf - Salzburg	approx. 13 km 4 hours
In the distance, you can already see the mountains that you will walk along the next few days. Take a leisurely stroll to Salzburg, where you'll find beautiful churches, pretty alleys and squares, and the best way to invigorate your inner being with a portion of Salzburg dumplings. A detour to the Maria Plain pilgrimage church, which towers high above Salzburg, is recommended.		
<div><div> ca. 4 hours</div><div> 13 km</div><div> 130 m</div><div> 250 m</div></div>		
DAY 4	Salzburg - Bad Reichenhall	approx. 17 km 5.5 hours
Your walk leads out of town towards Untersberg. At Marzoll Castle, you cross the border into the Bavarian Rupertiwinkel before arriving at the remarkable salt metropolis of Bad Reichenhall. There you can relax in the warm brine of the thermal baths, visit the spa gardens and visit the old salt factory.		
<div><div> ca. 5,5 hours</div><div> 17 km</div><div> 190 m</div><div> 140 m</div></div>		

DAY
5**Bad Reichenhall - Unken** approx. 18 km | 5.5 hours

Today you follow the Saalach back to the Salzburg region. You walk along the Saalachsee and deeper into the mountains. Your path leads partly directly to the banks of the Saalach, which flows wildly but also romantically over rocks through the landscape.

 ca. 5,5 hours  18 km  180 m  140 m





DAY
6**Unken - Waidring** approx. 21 km | 6 hours

You continue to follow the Saalach, past gorges and waterfalls to Lofer. The quiet mountain town, surrounded by the impressive peaks of the Loferer Steinberge, the Reiter Alpe and the Loferer Alm, invites you to take a rest. Then it goes up to the Strubpass, where you now walk on the Tyrolean Jakobsweg to Waidring.

 ca. 6 hours  21 km  380 m  160 m

DAY
7**Waidring - St. Johann in Tirol** approx. 26 km | 4.5 to 6.5 hours

Past Pillersee with its glittering water surface and famous pilgrimage church, we continue to St. Jakob, where the mighty Jakobskreuz greets you from the mountaintop. A path with many views leads you to St. Johann in Tirol, idyllically situated between the Kitzbüheler Alpen and the rocky peaks of the Wilder Kaiser massif.

 ca. 4,5 to 6,5 hours  26 km  320 m
 450 m

DAY
8**Return trip or extension**

Your walking holiday ends after breakfast, but you can of course postpone the goodbye and make more memories by extending your trip.

Route information

The routes are generally easy, with two long legs that can be shortened by bus if desired. You usually walk on asphalt paths, forest paths and hiking trails. The height differences are very small because you are walking in the valley.



Prices and dates

Price calculation and check availability: **Way of St. James: Salzburg to the Tyrol**

Place of arrival: Trumersee

	Season 1 27.04.2024 - 12.05.2024 16.09.2024 - 06.10.2024 Daily	Season 2 13.05.2024 - 16.06.2024 26.08.2024 - 15.09.2024 Daily	Season 3 17.06.2024 - 25.08.2024 Daily
Salzburg to the Tyrol, AT-SBWJW-08X			
Base price	749.00	819.00	859.00
Single room surcharge	329.00	329.00	329.00

Hotel information: You will stay in carefully selected 3*** hotels and guesthouses.

Additional nights

Place of arrival: Trumersee

	Season 1 Apr 27, 2024 - May 12, 2024 Sep 16, 2024 - Oct 6, 2024 Daily	Season 2 May 13, 2024 - Jun 16, 2024 Aug 26, 2024 - Sep 15, 2024 Daily	Season 3 Jun 17, 2024 - Aug 25, 2024 Daily
Trumersee			
Double room p.p.	65.00	65.00	65.00
Single room surcharge	15.00	15.00	15.00
Salzburg			
Double room p.p.	79.00	89.00	89.00

	Season 1 Apr 27, 2024 - May 12, 2024 Sep 16, 2024 - Oct 6, 2024 Daily	Season 2 May 13, 2024 - Jun 16, 2024 Aug 26, 2024 - Sep 15, 2024 Daily	Season 3 Jun 17, 2024 - Aug 25, 2024 Daily
Single room surcharge	25.00	25.00	25.00
St. Johann in Tirol			
Double room p.p.	65.00	75.00	75.00
Single room supplement	29.00		
Single room surcharge	29.00	29.00	

Prices per person in GBP

Included services and travel information

Services

Including

- 7 nights as described, including breakfast
- Transfer Trumer Seen-Oberhofen
- Personal welcome meeting (German, English)
- Luggage transfer(s)
- Travel folder 1 x per room (German, English with route and overview maps, detailed route description, places of interest, important telephone numbers, luggage labels)
- GPS data available on request
- Service Hotline

Not included

- Tourist tax, if applicable, to be paid locally
- (Optional) Return transfer St. Johann-Salzburg or Trumerseen €99 per person for 2 persons, €198 per person for 1 person. Pre-booking required, to be paid in advance

Arrival information

- Airport: Salzburg and Munich Airport(s)
- Train: Salzburg station and about 45 minutes by bus to the Trumer Lakes
- Parking: Free parking at the hotel, pre-booking not required
- Departure: St. Johann in Tirol-Salzburg by train, approx. 2.5 hours and by bus to the Trumer Lakes

Sample hotel list

This is a sample hotel list. Hotels will be booked depending on availability.

Trumer Lakes

Gasthof Mitterhof 3***

www.mitterhof.at

Eugendorf

Landhotel Santner 3***

www.landhotel-santner.at

Salzburg

Hotel Ganslhof 3***

www.hotel-ganslhof.at

Bad Reichenhall

Hotel Bergfried & Schönblick 3***

www.fuchs-hotels.de

Unken

Landhotel Kirchenwirt 3***

www.kirchenwirt-unken.at

Waidring/St. Ulrich

Hotel Tiroler Adler 3***

www.tiroler-adler.at

St. Johann in Tyrol

Sporthotel Austria 4****

www.sporthotelaustria.at