













Stockholm Loop

Cycling in the Stockholm region offers a delightful and immersive experience, combining the natural beauty of Sweden with the vibrant urban landscape. With an extensive network of bike paths, scenic routes, and cycling-friendly infrastructure, it's an ideal destination for cycling enthusiasts.

Heading inland, the Stockholm region showcases lush forests, tranquil lakes, and rolling hills. Take on the challenge of cycling through scenic countryside, passing by idyllic farms, vibrant fields, and charming rural villages.

Book this holiday: Stockholm Loop

Details of the cycling holiday around the Stockholm Loop route

Sweden is an ideal destination for cycling holidays not only proven by the quality of the cycle paths and the well-developed cycle path network. The mild, not-too-hot summer temperatures also promise the best conditions for an unforgettable cycling holiday. For seven days, you can explore the green surroundings of Stockholm, breathtaking views of the Baltic Sea, charming islands and picturesque harbours.

Along the way, you'll encounter cultural and historical treasures. Visit royal palaces such as Drottningholm Palace, a UNESCO World Heritage site, and explore picturesque towns like Sigtuna, Sweden's oldest surviving town. Enjoy the rich history and architectural gems as you pedal through charming neighbourhoods and vibrant city streets.

The round trip leads in seven days from Stockholm to Mälaren, one of Sweden's largest lakes, through the landscape of Sörmland and along the Baltic Sea coast back to the capital. Whether you're seeking nature, culture, or a blend of both, cycling in the Stockholm region offers a rewarding and memorable experience.

The highlights of the Stockholm region cycling holiday at a glance

- **Cycling fun in Stockholm:** Swedes love cycling and especially on the well-developed cycle paths throughout the country.
- **Stockholm:** As the start and end point of the round trip, Stockholm scores with small cafés, green parks and the typical Nordic attitude to life. The royal family's Drottningholm Castle near the capital is a UNESCO World Heritage Site and is also on the cycle route.
- **Sweden's small-town flair:** Small towns like Mariefred or Trosa are reminiscent of the popular Inga Lindström films.

Things to know about the cycling tour in the Stockholm Archipelago

On the day of arrival, you will have plenty of time to stroll through Stockholm and enjoy the alleys. Before you return, the next few days are filled with numerous cycling kilometres - around 270 in number. The daily stages are between 35 and 60 kilometres long and are mostly flat.

More extensive stretches of water are bridged with ferry trips that take you across rivers and lakes. Thanks to the extensive tour material, which is also available with GPS data, you will start your Scandinavian cycling adventure well-prepared.

This tour has been graded as **Medium**. Find out more about our **cycling holiday difficulty levels**.

Book this holiday: Stockholm Loop

Tour information



Medium



7 Days / 6 Nights



Self-Guided



Luggage transfers included



Total cycling distance: approx.
270 km

To the online version



Itinerary

DAY
1

Arrival in Stockholm

Take your first stroll through Sweden's capital and explore some of many sights and tourist attractions.

DAY
2

Stockholm – Södertälje approx. 60 km + ferry

Your first cycling day takes you along the third biggest lake in Sweden called 'Mälaren' and follows an ancient trade route dating back to the Vikings. On your way to Södertälje, on the island of Lovön, you will find Drottningholm Palace, which is part of the UNESCO World Heritage. Situated directly at and overlooking the lake, this beautiful palace is the place where the Swedish Royal Family was raised. Also worth a visit is a Chinese Palace from the 15th century.

The cafe in the basement awaits Swedish waffles and is a perfect place for a rest. Onwards by ferry towards Södertälje where typical Swedish scenery with fields and forests will amaze you. Sturehof Palace is a great place for a lunch break. The small town of Södertälje south of Stockholm is situated at the canal between Mälaren and the Baltic Sea.

DAY
3

Södertälje – Mariefred approx. 45 km

On quiet side roads, today's route leads to 'Gripsholm Palace'. Also the title of a book by Kurt Tucholsky, who lived in exile in Sweden and has found his final resting place in Mariefred. Mariefred and Gripsholm Palace are two main focal points in Royal Swedish history. Onwards to your final destination for the day, Strängnäs.

DAY
4**Mariefred – Järna** approx. 45 km

Today's tour takes you right into the middle of untouched and remote nature reserves, through the amazing scenery of Sörmland. At this spot, countless rivers and lakes were formed due to vast tectonic movements. Nevertheless, the altitude is never higher than 100m. Once you have mastered the hills you are rewarded with stunning views and a long descent afterwards. Your hotel is located in the middle of the wonderful Swedish nature near the water.

DAY
5**Järna – Trosa** approx. 50 km

Your destination for the day is the idyllic Baltic Sea town of Trosa, which is also used as a setting for many movies. Finish your day with a stroll through the picturesque village and enjoy the small alleys, red houses and wonderful views of the water. We recommend trying crabs, salmon or smoked fish in one of the nice, little restaurants for dinner.

DAY
6**Trosa –
Stockholm**approx. 55 km + ferry and train
ride

Northward bound and after a short ferry trip later you return to one of Stockholm's many islands. Top tip: take the overground, S-Bahn to Stockholm centre and in the afternoon cycle on lovely flat cycle paths along the water to Stockholm's Southern island of Södermalm. In the evening experience the great variety of restaurants.

DAY
7**Departure or extension****Tour Proposal for Additional day approx. 40 km**

Explore central Stockholm by bike! Today's tour covers several of the 14 city islands including roundtrips on Djurgården island and part of the National City Park. The Vasa museum and the outdoor museum 'Skansen', both situated on the island, are worth a visit! The palace and the old part of town dating back to the mid-14th century are also part of the sightseeing agenda.

Route information

In Stockholm, the cycle paths are well-developed. You cycle on well-signposted cycle paths, gravel roads, and side roads with little traffic. In parts, you can expect coarser gravel and easier path conditions. Short sections are on streets with more traffic. Flat to slightly hilly tour course.



Prices and dates

Price calculation and check availability: **Stockholm Loop**

Place of arrival: **Stockholm**

	Season 1 26.05.2024 - 01.06.2024 01.09.2024 Sunday	Season 2 02.06.2024 - 15.06.2024 18.08.2024 - 31.08.2024 Sunday	Season 3 16.06.2024 - 17.08.2024 Sunday
Stockholm Loop, Cat A, SE-STRSS-07A			
Base price	1,039.00	1,089.00	1,129.00
Single room surcharge	419.00		
Single room surcharge	419.00	419.00	
Stockholm Loop, Cat B, SE-STRSS-07B			
Base price	959.00	999.00	1,039.00
Single room surcharge	349.00	349.00	349.00

Category A: 3***- and 4**** Hotels

Category B: 3*** Hotels, 1x overnight stay with shared bathroom

Additional nights

Place of arrival: **Stockholm**

	Season 1 May 26, 2024 - Jun 1, 2024 Sep 1, 2024 Sunday	Season 2 Jun 2, 2024 - Jun 15, 2024 Aug 18, 2024 - Aug 31, 2024 Sunday	Season 3 Jun 16, 2024 - Aug 17, 2024 Sunday
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	Season 1 May 26, 2024 - Jun 1, 2024 Sep 1, 2024 Sunday	Season 2 Jun 2, 2024 - Jun 15, 2024 Aug 18, 2024 - Aug 31, 2024 Sunday	Season 3 Jun 16, 2024 - Aug 17, 2024 Sunday
Stockholm			
Double room p.p. Cat. A	99.00	99.00	99.00
Single room surcharge	59.00	59.00	59.00
Stockholm			
Double room p.p. Cat. B	89.00	89.00	89.00
Single room surcharge	55.00	55.00	55.00

Our rental bikes

	Price
24-Speed Touring Bike	99.00
Electric bike	229.00

Prices per person in GBP

Included services and travel information

Services

Included:

- Overnight stays in the chosen category
- Breakfast
- Luggage transfer
- Well-prepared itinerary
- Detailed travel documents 1x per room (DE, EN)
- Ferry trips according to programme
- GPS data available
- Service hotline

Arrival information

Arrival / Parking / Departure:

- Stockholm train station
- Stockholm Airport
- Hotel garage approx. SEK 310,- / day, reservation not possible, payable on the spot.

Not included:

- Tourist tax, if due, not included in the tour price!