





Munich Lakes

Cycle along the Isar Cycle Route

This bike tour is all about nature and culture. In the capital city of Munich, you will experience historical sights, dreamy gardens and the neo-Gothic town hall with the famous carillon. The culinary arts also play a major role in the Bavarian capital: hearty delicacies and beer specialities await you in the numerous beer gardens.

Book this holiday: Munich Lakes

Details about the bike tour around the Munich Lakes

The starting point of the bike tour is beautiful Munich in Bavaria. Culture tip: plan a city walk in Munich before you start your bike ride. You will be amazed by the many cultural sights and the cosy city centre. Speaking of which, a detour to the Hofbräuhaus in Munich is a must.

With every kilometre on the bike, the Bavarian standard of living gets closer, because every city has its own story to tell. Murnau am Staffelsee, Garmisch-Partenkirchen, Bad Tölz and Lake Tegernsee are just a few highlights of this cycling holiday through the Munich region. What can you expect? Wild and romantic gorges, dreamy landscapes and lush alpine meadows as far as the view extends. Cycle relaxed and relaxed from A to B and enjoy the Bavarian flair to the fullest.

The highlights of the Munich Lakes cycling holiday at a glance

- **Murnauer Moos:** On day three you will cycle through the largest heathland area in Central Europe, the nature reserve Murnauer Moos. The untouched nature allows you to let your mind wander and enjoy nature. Arriving in Garmisch-Partenkirchen, we recommend riding the Zugspitzbahn up to 2962 meters.
- **Bad Tölz:** Picturesque landscapes and the Isar River with its crystal clear, turquoise blue water flows along the cycle paths as far as Bad Tölz. Special about the city is the richly decorated mansions and the film set for the now legendary crime series with Otfried Fischer as a detective.

- **Gmund am Tegernsee:** With every step on the pedals, you cycle along the beautiful lake panorama to Gmund am Tegernsee.

Worth knowing about the Munich Lakes bike tour

Fantastic cycle paths, flat side roads and a few short climbs make up the tour character of the Lakes Tour from Munich. All in all, this eight-day cycling tour through Bavaria is an easy one and perfect for leisure cyclists!

This tour has been graded as **Medium**. Find out more about our **cycling holiday difficulty levels**.

Read a detailed day-by-day tour report of the **Munich Lakes** cycle tour on our Active on Holiday **blog**.

Book this holiday: Munich Lakes

Tour information



Medium



8 Days / 7 Nights



Self-Guided

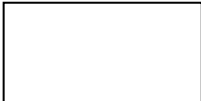


Luggage transfers included





Total cycling distance: approx.
305 km

To the online version




Itinerary

DAY 1	Arrival in Munich	
<p>Welcome briefing and bike fitting. The capital city of Bavaria is awaiting you and invites you to visit its many attractions (English Garden, Town Hall, Hofbräuhaus,...)</p>		
DAY 2	Munich – Murnau am Staffelsee	approx. 65 km
<p>Commencing in Munich, the journey commences with a bike ride through Forstenrieder Park, leading to the picturesque Lake Starnberg. Pedal along the lakeside road to Seeshaupt, then continue through charming Bavarian towns. Traverse the rustic beauty of Lake Osterseen and Lake Riegsee before arriving at the enchanting Murnau am Staffelsee.</p> <p> ^{km} ca. 65 km</p>		
DAY 3	Murnau – Garmisch Partenkirchen	approx. 40 km
<p>Begin by cycling through the expansive Murnauer Moos, Central Europe's largest swamp area. Progress through pristine nature along the Loisach River to Garmisch-Partenkirchen. A purposely short stage allows for an individual excursion on the Zugspitzbahn mountain railway. From the peak at 2962 metres, take in the breathtaking Alpine vistas.</p> <p> ^{km} ca. 40 km</p>		


DAY
4**Garmisch Partenkirchen –
Mittenwald – Wallgau**approx. 45
km

Embark on a cycling journey from Garmisch-Partenkirchen through Klais to the scenic Barmsee. Choose to continue directly to your lodging or opt for a detour via Mittenwald and Scharnitz to the Isar's source. Ascend 300 meters to Scharnitz, then traverse enchanting gorges and alpine meadows to reach the Isar's origin.


Cycle back through a sunlit valley with panoramic views of Karwendel and Wettersteingebirge mountains. Pass by Mittenwald, concluding your route in Wallgau—a bastion of Bavarian traditions in daily life.

 ca. 45 kmDAY
5**Wallgau – Bad Tölz** approx. 50 km

Traverse the Isarwinkel and track the translucent, turquoise currents of Lake Sylvenstein. Pedal through picturesque vistas, passing Lenggries en route to Bad Tölz. Positioned at the confluence of the Isar River and the ancient salt route from Reichenhall to Allgäu, this locale swiftly blossomed into a bustling trade hub. Opulent mansions stand as testament to its golden era.

 ca. 50 kmDAY
6**Bad Tölz – Tegernsee – Bad Tölz** approx. 45 km

Pedal through the idyllic Tegernsee landscape to Gmund by Lake Tegernsee, treating yourself to a stunning panoramic lake view. Trace the Gaißbach valley to return to Bad Tölz. Explore the Tölzer Market Street, offering insights into the renowned TV series "Der Bulle von Tölz".


 ca. 45 km

DAY
7

Bad Tölz – Munich

approx. 60 km

Follow the Isar bike path from Bad Tölz, passing through Geretsried and Wolfratshausen, leading directly to Grünwald. Experience a few gentle ascents before returning to Bavaria's capital, Munich. Delve into the city's myriad landmarks and attractions, embracing its rich culture and history.

 ca. 60 km

DAY
8

Return trip or extension

This cycling holiday ends after breakfast, or you can book an extension to enjoy it longer.

Route information

A generally easy tour. A few short climbs can also be conquered almost effortlessly. You will cycle on beautiful cycle paths and small secondary roads, main roads only in short stretches. The route is mostly asphalted, with some longer stretches on well-travelled natural roads.



Prices and dates

Price calculation and check availability: **Munich Lakes**

Place of arrival: **Munich**

	Season 1 13.04.2024 - 19.04.2024 Daily	Season 2 20.04.2024 - 10.05.2024 Daily	Season 3 11.05.2024 - 07.09.2024 Daily
Munich Lakes, DE-MURMM-08X			
Base price	1,049.00	1,119.00	1,169.00
Half board	215.00	215.00	215.00
Single room surcharge	329.00	329.00	329.00

Hotel information: You will stay in 3*** hotels. In Munich, a 4**** hotel.

Additional nights

Place of arrival: **Munich**

	Season 1 Apr 13, 2024 - Apr 19, 2024 Daily	Season 2 Apr 20, 2024 - May 10, 2024 Daily	Season 3 May 11, 2024 - Sep 7, 2024 Daily
Munich			
Double room p.p.	99.00	99.00	99.00
Single room surcharge	75.00	75.00	75.00

Our rental bikes

Price

21-Speed Unisex Bike	99.00
27-Speed Bike PLUS	159.00
Unisex E-Bike	239.00
21-Speed Men's Bike	99.00
Prices per person in GBP	

Included services and travel information

Services

Including

- 7 nights as described, including breakfast
- Train ticket Garmisch Partenkirchen-Scharnitz
- 1x 'Weißwurst breakfast'
- Personal welcome meeting (German, English)
- Luggage transfer(s)
- Travel folder 1 x per room (German, English with route and overview maps, detailed route description, places of interest, important telephone numbers, luggage labels)
- Own signage on the entire route
- GPS data available on request
- Service Hotline

Not included

- Tourist tax, if applicable, to be paid on site
- Bicycle surcharge for the Garmisch-Scharnitz train ticket, costs approx. €5 per bicycle

Arrival information

- Train: Munich Station
- Airport: Munich Airport
- Parking: Garage approx. €49 for 8 days, approx. €59 for 10 days, payable locally, no reservation possible/necessary. Free, unguarded parking near the hotel, reservation not possible/necessary

Sample hotel list

This is a sample hotel list. Hotels will be booked depending on availability.

Munich

NYX Hotel by Leonardo Hotels

<https://www.leonardo-hotels.de/nyx-munich>

Ammersee

Seefelder Hof***

www.seefelderhof.de

Starnberger See

Hotel Seeblick Bernried ***

www.hotel-seeblick-bernried.de

Kochelsee

Alpenhof Postillion***

www.alpenhofpostillion.com

Bad Tölz

Hotel am Wald

www.hotel-wald.de