











Piedmont and Liguria

From the vineyards of Piedmont to San Remo

Enjoy a week of exceptional hiking, merging land and sea experiences. Begin in Langhe, Italy's gourmet haven, renowned for truffles, cheese, and world-famous wines. Explore this picturesque region through scenic vineyard walks and visits to medieval hilltop villages.

Venture into Liguria's mountains, offering breathtaking vistas of the snow-covered Maritime Alps, the majestic Monte Rosa massif, and the azure coastline. Follow colorful trails, surrounded by Mediterranean flora, leading you to the 'Flower Riviera.' Cap off your remarkable hiking week in the renowned spa town of San Remo with a glass of wine.

This hiking tour offers a diverse landscape, from Langhe's vineyards to Liguria's Riviera coast, with panoramic views of the Maritime Alps, Monte Rosa, and the turquoise Mediterranean shore.

Details about the walking holiday from Piedmont to Liguria

You will find colourful paths and Mediterranean vegetation on the Riviera of Flowers. During the eight-day mountain tour, you will hike through different towns and villages. Old hiking trails take you up to the "Alta Langa". Fragrant flowers as far as the eye can see and an impressive panoramic view line the route. We continue along the ridge, past flocks of sheep to Murazzano.

The highlights of the Alba to San Remo walking tour:

- **Gourmet tour: specialities in all regions:** You will discover the truth of enjoyment on a tasting tour through the Barolo vineyards and numerous wine shops.
- **Medieval towns with historic town centres:** Famous names such as Monforte, Roddino or Serravalle are on your hiking route. Villages with postcard charm!
- **Contrasting program par excellence:** The snow-covered Alps in Piedmont and the sunny Riviera on the Ligurian coast form impressive contrasts.

Worth knowing about the Piedmont and Liguria walking tour

You start your eight-day mountain hiking trip in Alba (Piedmont), this is where your gourmet tour along the Riviera begins. Already Alba seduces connoisseurs with the lovely old town and the countless Piedmontese specialities. In the next stages in Langhe, you hike on hilly gravel, forest and field paths through vineyards and on stony paths.

Sure-footedness is required for some short passages. Each hiking route takes about five hours, covering an average of 15 kilometres per day.

Route summary

During the first few stages in the Langhe region you walk on undulating terrain on gravel-, forest- and dirt paths as well as on stony trails across the mountains, where surefootedness is required during short sections. Along the coast narrow trails await, beautiful hiking paths particularly with great views. With nearly all daily hiking tours there are easier options to choose from.

This tour has been graded as **Challenging**. Find out more about our **walking holiday difficulty levels**.

Tour information



Challenging



8 Days / 7 Nights



Self-Guided



Luggage transfers included



Total walking distance: approx.
102 km

To the online version



Itinerary

DAY
1

Arrival in Alba

Discover the gourmet town of Alba with its pretty old town and its numerous bars that invite you to taste Piedmontese specialities.

DAY
2

Alba – Monforte approx. 16 km | 4.5 hours


An enchanting hike takes you through the vineyards with fantastic views of the Langhe region. Via La Morra, known for its numerous vinoteques, goes along the vines of the famous Barolo wine to the centre of the grapes, to the world-famous village of Barolo. Here you stroll through the alleys to the castle and enjoy a glass of fine wine. You walk along a forest path to the beautiful hilltop village of Monforte.

 ca. 4,5 hours  16 km  600 m  350 m

DAY
3


Monforte – Bossolasco approx. 20 km | 5.5 hours

At first, it's hilly through the vineyards, but soon you'll come across more and more hazelnut orchards and the picturesque towns of Roddino and Serravalle, where you can enjoy the panoramic view on the "Balcony of the Langhe". On hiking trails up into the "Alta Langa", the rose village of Bossolasco welcomes you with wonderfully fragrant flowers and an imposing location at the top of the mountain range.

 ca. 5,5 hours  20 km  700 m  450 m



DAY
4**Bossolasco – Millesimo** approx. 20 km | 5 hours

Along the ridge and grazing flocks of sheep in the direction of Murazzano, where the famous cheese is made. Through lonely farmland and wide cornfields with views of the snow-covered Maritime Alps, you climb today to the highest peak in the Langhe region. Old stone houses and chapels line your way, on a clear day you can see the sea! Short transfer to the town of Millesimo, whose old town is one of the most beautiful town centers in Italy, the "Borghi piu belli d'Italia".

 ca. 5 hours  20 km  450 m  800 m

DAY
5**Millesimo – Bardineto** approx. 17 km | 5.5 hours

Today you hike the first stage in the Liguria region. After a short drive to the Melogno Pass, the path "Alta Via dei Monti Liguri" leads through endless beech forests. Climb a mountain trail to the top of Monte Carmo, from where you can almost touch the sea. In the evening you reach the small town of Bardineto, which is surrounded by wooded mountain ranges and is particularly well-known for its mushroom specialities.

 ca. 5,5 hours  17 km  450 m  800 m

DAY
6**Bardineto – Albenga** approx. 15 km | 5 hours





Look forward to a fantastic hike on the Ligurian long-distance hiking trail "Sentiero Liguria". Spectacular panoramic views of mountains, coast and islands accompany you on the path that meanders along the ridge towards the sea. The leisurely variant leads to the medieval town of Castelvechio and down to Zuccarello, from where you can take the bus to Albenga. For an overnight stay, you are right by the sea today, so enjoy a dip in the waves and taste local fish at the beach restaurant.

 ca. 5 hours  15 km  300 m  990 m

DAY
7

Albenga – San Remo approx. 14 km | 4.5 hours

In the end, a scenic coastal hike awaits you! First by the sea, then up to the "Alta Via Baia del Sole". A truly fantastic hiking trail along fragrant macchia bushes leads you over the summit of Monte Bignone. You hike down through terraced fields and orchards to the coastal town of Alassio, where you can experience the flair of Italian ice cream parlours and well-kept lidos. Spectacular views of the turquoise-blue sea on the Riviera of Flowers accompany you on your train journey to the famous San Remo.

 ca. 4,5 hours  14 km  650 m  650 m

DAY
8

Departure or tour extension

Route information

In the first stages of the Langhe, you hike hilly on gravel, forest and field paths through vineyards and forests. In the Monti Liguri, you can walk on good forest and forest paths as well as on stony paths over the mountain ranges, where sure-footedness is required for short passages. Narrow paths await you along the coast, as well as beautiful but above all promising hiking trails. There are easier options to choose from on almost every hiking day.



Prices and dates

Price calculation and check availability: **Piedmont and Liguria**

Place of arrival: **Alba**

	Season 1 23.03.2024 - 12.04.2024 22.09.2024 - 12.10.2024 Saturday	Season 2 13.04.2024 - 18.05.2024 01.09.2024 - 21.09.2024 Saturday	Season 3 19.05.2024 - 31.08.2024 Saturday
Piedmont and Liguria, IT-PIWAS-08X			
Base price	919.00	989.00	1,079.00
Single room surcharge	329.00	329.00	329.00

Hotel information: 1x 4*** hotel (Alba) 3*** and middle class hotels

Additional nights

Place of arrival: **Alba**

	Season 1 Mar 23, 2024 - Apr 12, 2024 Sep 22, 2024 - Oct 12, 2024 Saturday	Season 2 Apr 13, 2024 - May 18, 2024 Sep 1, 2024 - Sep 21, 2024 Saturday	Season 3 May 19, 2024 - Aug 31, 2024 Saturday
Alba			
Double room p.p	85.00	85.00	85.00
Single room surcharge	55.00	55.00	55.00
San Remo			
Double room p.p	95.00	95.00	115.00

	Season 1 Mar 23, 2024 - Apr 12, 2024 Sep 22, 2024 - Oct 12, 2024 Saturday	Season 2 Apr 13, 2024 - May 18, 2024 Sep 1, 2024 - Sep 21, 2024 Saturday	Season 3 May 19, 2024 - Aug 31, 2024 Saturday
Single room surcharge	69.00	69.00	69.00

Prices per person in GBP

Included services and travel information

Services

Services:

- Overnight stays as stated
- breakfast
- luggage transfer
- Transfers according to the program
- 1 wine tasting (EN)
- Well-planned route guidance
- Detailed travel documents 1x per room (DE, EN)
- Navigation app and GPS data available
- Service hotline

Optional:

- Airport transfer Milan (Malpensa, Linate) – Alba: €315 for up to 2 people, €359 for up to 4 people, €459 for up to 8 people, duration approx. 2 hours.
- Airport transfer Milan (Orio al Serio) – Alba: €379 for up to 2 people, €419 for up to 4 people, €515 for up to 8 people, duration approx. 2.5 hours.
- Airport transfer Turin (Caselle) – Alba: €185 for up to 2 people, €225 for up to 4 people, €299 for up to 8 people, duration approx. 1.5 hours.
- Return transfer by minibus to Alba, costs €105 per person, and €29 per dog (Saturday only). Reservation required, payable in advance.

Information

Arrival / Parking / Departure:

- Arrival by train to Alba. From Turin in approx. 1.5 hours to Alba (1 change) or in approx. 3 hours from Milan to Alba (2 changes).
- Turin or Milan airports.
- Parking: Hotel parking spaces approx. EUR 15 per day. No pre-reservation possible.
- Return journey from San Remo to Alba by train in approx. 5 to 6 hours (1 to 2x change).

Important information:

- Visitor's tax, if due, is not included in the travel price
- For arrivals in July and August double night in San Remo instead of a night in Albenga.
- A short journey by public transport to Albenga, approx. €7 per person
- Train ride Alassio – San Remo, approx. € 6 per person
- Train journeys to/from San Remo for arrivals in July and August,

approx. EUR 12 per person

- Special dates on request

Sample hotel list

This is a sample hotel list. Hotels will be booked depending on availability.

Alba

Hotel Calissano 4****

www.hotelcalissano.com

Monforte

Albergo Grappolo d'Oro

www.grappolodoro.net

Bossolasco

La Panoramica

www.lapanoramica.com

Millesimo

Hotel La Gaietta

Bardineto

Hotel Maria Nella 3***

www.marianella.net

Albenga

Hotel Marisa 3***

www.marisahotel.com

San Remo

Hotel Lolli Palace 3***

www.lollihotel.it