



































# Tuscany Coast and Elba

## From Pisa to Elba along the Tuscany coast

Experience the perfect fusion of Tuscany's iconic undulating terrain, painted with its characteristic hues and fragrances, and the captivating panorama of the Etruscan coast on this bike tour. As you embark on this cycling holiday, the scents of the Mediterranean Sea grace your senses, accompanying you along pristine white sandy shores and rugged, towering cliffs.

Enveloped by vines and shimmering olive trees, the renowned "Costa degli Etruschi" wine route beckons you. Yet, the pinnacle of this cycling expedition awaits—an exhilarating bike journey to the enchanting island of Elba. Amidst the coastal breeze, this Tuscany coastal odyssey ensures ample moments for relaxation and enjoyment.

**Book this holiday: Tuscany Coast and Elba**

### The highlights of the cycling tour along the Tuscany coast:

- **Leaning Tower of Pisa:** At the start of the tour, you should cycle around the Leaning Tower of Pisa - after all, it is one of the most famous landmarks in Italy. It is a so-called "campanile", a free-standing bell tower intended to complement the cathedral.
- **Over the Etruscan coast:** Pine forests, almost endless sandy beaches and steep coasts - days 4 and 5 of the tour along the Tuscan coast are all about the 90 km long "Etruscan Riviera". Incidentally, some of the small bays leading to the port of Piombino can only be reached by sea.
- **The wine village of Bolgheri:** Not only one of the most beautiful places in Tuscany but also known worldwide for its excellent wines (e.g. the Sassicaia). Tip: Italy's longest avenue of cypresses in front of the gates of Bolgheri is also worth a break and a snapshot.



- **Sandy beaches of Elba:** The last day of the trip begins with a ferry ride to the island of Elba, where you can once again enjoy the sea after many kilometres of cycling. Incidentally, the water quality around the island is considered excellent.

**The highlights of the cycling tour along the Tuscany coast:**

The bike tour along the Tuscan coast is a real pleasure tour. The stages, which are between 15 and 60 km long, are supplemented by train and ferry trips. The visually stunning views arise on mostly flat or slightly hilly terrain and mostly on natural roads with little traffic. Only two major inclines have to be mastered.

This tour has been graded as **Challenging**. Find out more about our **cycling holiday difficulty levels**.

**Book this holiday: Tuscany Coast and Elba**

**Tour information**



Challenging



7 Days / 6 Nights



Self-Guided



Luggage transfers included



Total cycling distance: approx.  
215 km

**To the online version**





# Itinerary

DAY  
**1**

## Arrival in Pisa

Individual arrival in Pisa. In the evening information and welcome talk and bicycle transfer (if rental bicycles are booked). A first visit to the beautiful old town of Pisa is already possible today.

DAY  
**2**

## Round trip Pisa to the coast approx. 30 km + train

Your cycling holiday in Italy starts with a trip to the sea. From the Piazza dei Miracoli with the leaning tower, beautiful paths lead through the Natural Park "Macchia Lucchese" to the sea. This cycling tour leads directly along the sandy beach to the charming seaside resort of Viareggio. Here and along the way, the refreshing Tyrrhenian Sea beckons for the first time. A short train ride back to Pisa.

DAY  
**3**

## Pisa – Castiglioncello approx. 40 km + train

In the morning you say goodbye to Pisa and after a short train ride, you arrive in Livorno. In the historic port city, not only the famous district "Venezia Nuova" with its many canals invites you to visit. This cycling day starts today in Italy with the cycling stage along the promenade with its villas from the Belle Epoque into the hinterland. A longer climb leads through the nature reserve "Monti Livornesi". Castiglioncello is located directly on the steep coast with impressive rock formations and exudes a Mediterranean flair with its palm trees and paths along the river.



DAY  
4**Castiglioncello – Marina di  
Castagneto**approx. 50  
km

One of the most beautiful pine forests in Italy can be reached via Vada's famous white sand beaches. In the middle of the "Tomboli" nature park, the shady cycling day continues to Bibbona. Overlooking the longest cypress avenue in Italy, the sea is quickly reached again. Behind the beaches are many vineyards and olive groves. The Wine and Olive Oil Route of the Etruscan Coast are over 150 km long, allowing you to taste Tuscan wines in the middle of the vineyards.

DAY  
5**Marina di Castagneto – Piombino**

approx. 60 km

Today's cycling stage starts with a climb to the medieval town of Castagneto Carducci. This invites you to a cappuccino break with a fantastic view. This cycling tour then takes you through romantic cork oak forests on a winding mountain road. A relaxed descent through typical Italian olive groves leads to the famous bay "Golfo di Baratti" with Etruscan excavations. Piombino is not only known from the TV program "Wie is de Mol" but is also the port city for the ferries to Corsica and Elba and has a rich history. Visit the town gate named Torrione Rivellino from the thirteenth century and the cathedral from the fourteenth century, Rivellino Castle and Populonia Castle. The walled town of Piombino is a fortress designed by Leonardo da Vinci.

DAY  
6**Crossing to visit the island of  
Elba**approx. 15 - 35  
km

Today's excursion begins with a ferry ride (approximately 1 hour) to Portoferraio. The boat trip also offers unique views of the island world. Several seaside resorts can be reached via a short cycle path along the Panorama Road. A longer tour leads through the hilly hinterland with its characteristic island vegetation of the "Macchia Mediterranea". Be sure to visit the capital Portoferraio with the 3 forts Fort Stella, Fort Falcone and Fort Inglese. Napoleon Experience; three museums dedicated to Napoleon. Two of these are the houses where he stayed during his captivity. Elba has a number of beautiful beaches from which you can also enjoy snorkelling. Innamorata beach is one of the most beautiful beaches in Elba and is a perfect location to watch the beautiful sunset.



DAY  
7

## Return trip or extension

This cycling holiday ends after breakfast. There are options for another extension to enjoy this beautiful area even longer.



# Route information

The route primarily offers a flat to gently undulating terrain, with the exception of two more demanding segments that traverse the hinterland. You'll find that nearly all of the cycling paths are paved with asphalt, while certain sections alongside the sea guide you along well-kept, rustic trails. Regrettably, due to the absence of cycle paths in specific areas, there will be brief stretches where cycling on roads with moderate traffic becomes a necessity.





# Prices and dates

Price calculation and check availability: **Tuscany Coast and Elba**

Place of arrival: **Pisa**

|                                      | <b>Season 1</b><br>28.04.2024 - 11.05.2024<br>06.10.2024 - 13.10.2024<br>Sunday | <b>Season 2</b><br>12.05.2024 - 07.06.2024<br>14.09.2024 - 05.10.2024<br>Sunday | <b>Season 3</b><br>08.06.2024 -<br>13.09.2024<br>Saturday,<br>Sunday |
|--------------------------------------|---|---|--|
| Tuscany Coast and Elba, IT-TORTK-07X |   |   |  |
| Base price                           | 899.00  | 959.00  | 1,039.00   |
| Single room<br>surcharge             | 289.00  | 289.00  | 289.00   |

**Hotel information:** You will stay in carefully selected 3\*\*\* hotels, usually right by the sea. In Pisa, you will stay in a 4\*\*\*\* hotel.

# Additional nights

Place of arrival: **Pisa**

|                          | <b>Season 1</b><br>Apr 28, 2024 - May 11, 2024<br>Oct 6, 2024 - Oct 13, 2024<br>Sunday | <b>Season 2</b><br>May 12, 2024 - Jun 7, 2024<br>Sep 14, 2024 - Oct 5, 2024<br>Sunday | <b>Season 3</b><br>Jun 8, 2024 -<br>Sep 13, 2024<br>Saturday,<br>Sunday |
|--------------------------|--|---|---|
| Pisa                     |  |   |   |
| Double room p.p.         | 69.00  | 69.00   | 69.00   |
| Single room<br>surcharge | 35.00  | 35.00   | 35.00   |
| Piombio / Elba           |  |   |   |
| Double room p.p.         | 69.00  | 69.00   | 79.00   |

|                          | <b>Season 1</b><br>Apr 28, 2024 - May 11, 2024<br>Oct 6, 2024 - Oct 13, 2024<br>Sunday | <b>Season 2</b><br>May 12, 2024 - Jun 7, 2024<br>Sep 14, 2024 - Oct 5, 2024<br>Sunday | <b>Season 3</b><br>Jun 8, 2024 -<br>Sep 13, 2024<br>Saturday,<br>Sunday |
|--------------------------|--|---|---|
| Single room<br>surcharge | 35.00  | 35.00   | 35.00   |

# Our rental bikes

|                      | <b>Price</b> |
|----------------------|--------------|
| Unisex E-Bike        | 239.00       |
| 21-Speed Unisex Bike | 99.00        |
| 7-Speed Unisex Bike  | 99.00        |
| 27-Speed Bike PLUS   | 159.00       |
| 21-Speed Men's Bike  | 99.00        |

Prices per person in GBP



# Included services and travel information

## Services

### Including

- 6 nights as described, including breakfast
- Train ride Viareggio-Pisa including bike
- Train ride Pisa-Livorno including bike
- Boat trip Elba including bike
- Luggage transfer(s)
- Travel folder 1 x per room (German, English with route and overview maps, detailed route description, places of interest, important telephone numbers, luggage labels)
- GPS data available on request
- Service Hotline

### Not included

- Tourist tax, if applicable, to be paid locally
- (Optional) Return transfer Pisa every Saturday, €65 per person, reservation required, to be paid on site

## Arrival information

- Airport: Pisa Airport, good bus connections to the train station
- Train: Pisa station, from there a few steps to the starting hotel
- Parking: Public garage approx. €15 per day, payable locally; or free parking spaces, reservation not possible

## Sample hotel list

This is a sample hotel list. Hotels will be booked depending on availability.

### **Pisa**

Repubblica Marinara 4\*\*\*\*

[www.repubblicamarinara.it](http://www.repubblicamarinara.it)

### **Castiglioncello**

Hotel Atlantico 3\*\*\*

<https://www.hotelatlantico.it/>

### **Marina di Castagneto**

Hotel I Ginepri 3\*\*\*

[www.hoteliginepri.it](http://www.hoteliginepri.it)

### **Piombino**

Hotel La Rosa dei Venti

<https://www.larosadeiventipiomboino.it/>